



Eastside Center

Winter Programming

January - April 2026

Department Overview

To promote community wellness by providing high-quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

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HOURS of OPERATION

Monday-Friday

10:00am to 7:00pm

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

Youth and Adult Programming

After School Power Hour [Y]

Monday-Thursday

4:00pm-5:00pm

The After School Power Hour program will offer structured academic support, art exploration, enrichment, and recreation.

Kids Café [Y]

Monday-Friday

4:30pm-5:30pm

Kids Cafe is a nutrition program designed to provide healthy meals to at-risk children in a safe environment.

Computer Skills for Beginners [A] [S]

Mondays

3:30pm-4:30 pm

Does the idea of using a computer scare you? Well, fear no longer. Join us as we explore and learn the components of a personal computer.

Bullying Awareness Workshop [Y]

1st Monday of the Month

Ages: 6-12 years of age

5:00pm-6:00pm

Come join us for an informative session on how to address bullying. This workshop is designed to teach participants about the different forms of bullying, its negative impact, and how to prevent and respond to it.

Game Night [Y][A]

Tuesday and Thursday

6:00pm-7:00pm

Come out and play your favorite game. We have table games, air hockey, puzzles, and arcade games, just to name a few.

Be Your Own Boss [A] [S]

Every 3rd Tuesday of the Month

6:00pm-7:00pm

Have you ever thought about starting your own business, but did not feel you had the right information? Come out and gain valuable knowledge on starting your own business from this informative entrepreneurship class, and develop your business skills.

Ceramic Painting Class [Y][A]

Monday

5:30pm-6:30pm 6-12 years of age

Come out and learn the core techniques of coloring different manufactured ceramic-fired pieces.

Jazzy Colors [Y][A]

Thursday

5:30pm-6:30pm

Unleash your inner artist through coloring various portraits while listening to relaxing jazz music to help reduce stress and anxiety. Bring a friend and have an enjoyable, relaxing time.

Wellness Screening

4th Friday of the Month

3:00pm-4:00pm

Join us as the Savannah Fire Department provides blood pressure checks and information on healthy eating habits and exercise to reduce high blood pressure.

Girl Talk

Friday

5:30pm-6:30pm

This program is designed to build self-esteem while exploring girls' issues, including health and safety, personal grooming, and participating in various activities and programs at the center.

Hip Hop Aerobics Class [A]

Tuesday

6:00pm-7:00pm

Feel the Beat and Move Your Feet! Aerobic hip hop dance is a modernized version of the retro step aerobics class. A modern music style aerobics class combines dance and fitness to emphasize flexibility, coordination, balance, and cardiovascular endurance.

Coaching Boys Into Men Mentoring Program [Y]

TBA

5:00pm-6:00pm

This program is a community of dedicated men sharing knowledge, providing support and advice, and helping mentees develop life skills while gaining an unbiased perspective to help navigate career paths on their journey into adulthood.

Adult Basketball [A]

Every Wednesday Starts in March

5:30pm-7:00pm

Lace up your sneakers and hit the court for an exciting day of fast-paced basketball action.

Let's Walk [A] [S]

Monday/Wednesday/Friday

3:00pm - 4:00pm

Eastside Gym

Walk More, Worry Less! Come out and walk a mile with the residents of East Savannah to promote healthy cardio habits and weight loss.

Remons' Card Teen Boot Camp

Wednesday

5pm-6pm

Teens come and see what you are made of this winter. This Boot Camp introduces full-body dynamic workouts, including pushups, sit-ups, jumping jacks, body squats, running in place, and more, by using a deck of cards.

Giant Beach Ball Volleyball [Y] [A]

Tuesday, Starting in March

6:00pm-7:00pm

This program creates instant chaos and laughter when you replace a regulation volleyball with a six-foot beach ball. The unpredictable bounces mean everyone gets a chance to shine, regardless of their athletic ability. This program is an introduction to transitioning participants into recreational volleyball.

Youth Basketball [Y]

Monday-Saturday 6-17 years of age

January-March

5:45pm-7:45pm

Dribble, Pass, Shoot! Basketball practice and games will be scheduled during the months of December-March for the City of Savannah Athletics Department Basketball League.

Track and Field Program [Y]

February-April

Monday-Friday 6-13 years of age

5:00pm-6:30pm

Sprint to the Finish Line! Track and Field practice will begin in February with conditioning and training, followed by the official season kickoff in March.

The Back Nines Matter!

Introduction to Golf [Y][A] [S]

March-April

TBA

4pm-5pm

Come out and learn the fundamental skills of golf, including grip, stance, and the full swing, as well as the basics of the game rules, scoring, and etiquette.

Family Game Night [Y][A] [S]

2nd Thursday of the Month

5:30pm- 7:00pm

Get ready for a night of epic fun and friendly competition! Join us for our monthly Family Game Night, a chance to disconnect from screens and reconnect with each other over classic and new games.

Special Events

Valentine's Day Card Making [Y]

Friday, February 12th, 2026, 6-12 years of age

5:30pm-7:00pm

Come out to make your loved one something special for Valentine's Day. Participants will create and decorate pre-made cards, assembling kits with a small toy or treat, or writing personal messages to foster friendship and emotional interaction.

Spring Bling Easter Festival [Y]

Thursday, April 2nd

5:30pm- 7:00pm

The Spring Fling Easter Festival will feature a fun and energetic egg-collecting competition. Colorful eggs will be scattered across the field in plain sight, and participants will race to gather as many as they can in their baskets. Some eggs will contain special prizes, especially the Golden Egg, adding an exciting surprise element to the event. Food and drink will be provided.