

## Department Overview

To promote community wellness by providing high quality Recreation and leisure opportunities that are diverse, convenient, a affordable, accessible, and FUN!

### CONTACT

#### Center Supervisor:

Simone Porter

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Savannah, Georgia 31405

#### WEBSITE:

<https://www.savannahga.gov/2957/Recreation-and-Leisure-Services>

### HOURS of OPERATION

#### Monday-Friday

8:00am to 7:00pm

# Liberty City Center

## Winter Programming: January-April 2026

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

### Senior Programming:

**SENIORS**

#### DAILY

#### Coffee & Friends [S]

9:00am-10:00am

Conversation and information sharing to remain updated on the happenings in the community. Coffee is provided and served by center staff daily.

#### Wellness in Motion [S]

10:00am-11:30am

Various physical activities to promote physical fitness wellbeing. Activities may include dancing to great music, chair exercises, walking with your buddies, and bicycling to burn a ton of calories.

#### Congregate Meals [S]

11:30am-12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

#### Create your own Craft [S]

1:00pm-3:00pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

#### Table Games & Computer Lab [S]

9:00am-3:00pm

Card games, table games, puzzles and the computer lab are open for individuals to engage in throughout the day at their convenience.

### **Move & Mingle:**

#### **Every Day after Lunch**

Light Sports and social fitness activity designed to get seniors up and moving while encouraging friendly conversation and connection.

### **WEEKLY**

#### **Second Harvest [S]**

##### **Monday & Friday 9:00am-10:00am**

Members receive fresh produce, bread, and pastries to be taken home to promote healthy nutritional wellness.

#### **Pokeno! [S]**

##### **Tuesdays 10:30am -- 11:30am**

Are you someone who likes to play cards? Try your hand at Pokeno.

#### **Senior Talk! [S]**

##### **Tuesdays 12:30am – 1:00pm**

Announcements of current events and sharing updates to keep members informed.

#### **Bingo! [S]**

##### **Thursday 10:30am - 11:30am**

A fantastic activity for seniors. It is social, fun, and great for keeping minds active.

### **MONTHLY**

#### **What's Your Pressure? [S]**

##### **Every 1<sup>st</sup> Tuesday 10:00am - 10:30am**

Blood pressure checks completed by Savannah Fire Department to help members to remain informed of their individual health.

#### **Brown Bag [S]**

##### **Every 3<sup>rd</sup> Monday 9:00am-10:00am**

Members receive brown bags filled with fresh produce to be taken home to promote healthy nutritional wellness.

#### **Trivia with a Twist [S]**

##### **Every Wednesday 10:30am-11:30am**

Engaging and interactive games that put a fun spin on traditional trivia!

### **Lunch & Learn [S]**

**Every 3rd Thursday 11:30am -12:30pm**

Presented by Nutritionist, Jackie Ogden from Georgia Southern University. Jackie provides useful dietary information during the time lunch is served.

### **King and Queen for the Day [S]**

**Every 4th Friday 12:30pm -- 1:30pm**

Do you have a birthday this month? We celebrate you and anyone else who has a birthday this month with a special treat.

## **SPECIAL EVENTS**

### **Jammie Jamboree [S]**

**January 2<sup>nd</sup> 10:00am-2:00pm**

Jammie Jamboree invites seniors to come dressed in their favorite pajamas for a day of relaxation, laughter, and lighthearted fun. Participants will enjoy a warm brunch, games, music, and fellowship.

### **Red Dress Day (First Friday in February) [S]**

**All Day**

Encourage everyone to wear red to raise awareness for women's heart health.

### **Marching Into March – Wear Green Day [S]**

**March 4<sup>th</sup> 10:00am-2:00pm**

Kick off the month with spirit and smiles! Seniors are invited to “March into March” by wearing something green to symbolize growth, luck, and renewal. The event will feature music, games, food, and fellowship.

### **March into Unity-Center Spirit Challenge [S]**

**March 1-March 20, 2026**

During the month of March, each Golden Age program will create a mural panel on cardboard that visually represents their center's identity, spirit, and creativity. These panels will then be assembled into the “**Garden of Unity**” at the main showcase, held on March 20, 2026 from 10:00am-2:00pm

### **Mystery Easter Egg Hunt [S]**

**April 3<sup>rd</sup> 10:30am-11:30am**

A joyful spring event designed to bring fun, laughter, and friendly competition to seniors. Colorful eggs will be hidden around the activity space — each containing a small mystery gift, clue, or challenge. Participants will enjoy hunting for eggs, solving simple clues, winning prizes, and celebrating the season with refreshments and fellowship

## **Spring into Service**

### **Make a Difference Every Week in April! [S]**

“Spring Into Service” is a four-week program designed to honor our dedicated volunteers while giving seniors opportunities to engage in meaningful community service. Each week focuses on a different service activity, allowing participants to collaborate, create, and make a positive impact.

### **Earth Day Celebration [S]**

**April 22<sup>nd</sup> 10:00am-11:30am**

A special event designed to engage seniors in fun, hands-on activities that promote environmental awareness and community connection. Participants will plant flowers or herbs, create recycled crafts, and enjoy a short nature walk or garden tour. This event encourages creativity, learning, and care for the planet while fostering fellowship among participants.

### **Youth and Adult Programming:**

#### **YOUTH AND ADULT**

### **After School Power Hour [Y]**

**Monday-Thursday, 4:00pm-5:00pm**

Liberty City Center will offer a safe environment with structured activities that convene regularly in the hour after school.

### **Half-Court Basketball [Y] [A]**

**Tuesday-Friday, 3:00pm-6:00pm**

Half courts drills and games for youth and adults. You must have sneakers to play.

### **Line Dance with Savannah Show Stoppers [Y] [A] [S]**

**Every Tuesday, 6:30pm-8:00pm**

Free line dancing class for whoever would like to learn  
Lamont Hunter-Instructor

### **African Dance with Kwanzaa365 Connection [Y] [A] [S]**

**Every Tuesday, 5:45pm-7:00pm**

Join us as **Kwanzaa365 Connection** brings the rhythm and spirit of the culture alive with a vibrant African dance experience that celebrates unity, heritage, and joy. This high-energy event will have the whole community moving, connecting, and embracing the powerful traditions of the African diaspora through music and movement.

### **Dance Aerobics [Y] [A] [S]**

**Every Wednesday, 6:30pm-8:00pm**

Move to the beat and get fit with us!

**Trail Ride Line Dance with 912 Seaport Steppers [Y] [A] [S]**

**Every Thursday, 6:00pm-7:00pm**

Join us for a fun, high energy “Trail Ride” line dance class! Feel the music and let’s move together.

**Teamwork Tuesday’s [Y][A]**

**Every Tuesday in January, 5:45pm- 7:00pm**

Join us every Tuesday as we complete guided activities to encourage communication, leadership, cooperation, and problem solving, while building trust with other participants.

**Mini Winter Science Lab [Y][A]**

**Thursday, January 8<sup>th</sup> 5:45pm-7:00pm**

Spark curiosity this winter with hands-on science fun! Youth will explore cool, seasonal experiments that teach basic STEM concepts using everyday materials. Activities like making snowflake crystals, mixing “blizzard slime,” and observing ice melting challenges help students learn about chemistry, temperature, and reactions, all while having fun and working together like real scientists.

**New Year, New Circle [Y][A]**

**Friday, January 23<sup>rd</sup> 5:45pm-7:00pm**

Join us for a night of setting new intentions, expanding your social network, and building new friendships in a fun and relaxed environment. This program is great for newcomers, students, or anyone looking to meet people outside of their usual setting.

**It’s a Photoshoot! [Y][A]**

**Wednesday, January 28<sup>th</sup> 5:45pm-7:00pm**

Get your camera phones out and strike a pose. Let your personality shine! The youth will enjoy a fun photoshoot using themed backdrops and props. After snapping photos, we’ll airdrop and print them out, then decorate custom frames using materials like foam, cardboard, glitter, fabric, and more.

**Move, Rhyme and Shine- Express Yourself [Y][A]**

**Every Wednesday in February 5:45pm-7:00pm**

Move, rhyme, and shine! Youth will explore hip-hop culture through dance, spoken word, and freestyle activities. This session encourages creativity, confidence, and self-expression while teaching teamwork, rhythm, and storytelling in a fun, supportive environment.

**Throwback Thursday: Old School Fun & Games [Y][A]**

**Thursday, February 5<sup>th</sup> 5:45pm- 7:00pm**

Step back in time for a day of nostalgia and good vibes! We’re bringing back the classics with Double Dutch, 90’s Trivia, old-school music, and a lively round of Musical Chairs. Come dressed in your best 90’s style

and join us for laughter, friendly competition, and a celebration of the culture that shaped an era!

**Friendship Bracelets and Kindness Cards [Y][A][S]**

**Thursday, February 12<sup>th</sup> 5:45pm-7:00pm**

Spread a little love and positivity! We will create colorful friendship bracelets and design handmade kindness cards to share with friends, family, or community members.

**Black Excellence Celebration [Y][A][S]**

**Thursday, February 26<sup>th</sup> 5:45-7:00pm**

Join us for a vibrant showcase honoring the achievements, creativity, and resilience of Black leader's past and present. This is a multigenerational activity, and we will ALL share performances, poetry, art, and music that highlight Black culture and history. The evening will celebrate unity, pride, and community excellence while inspiring the next generation to continue the legacy of greatness.

**Walk It Out Wednesday [Y][A][S]**

**Every Wednesday in March, 5:45pm-7:00pm**

A group of likeminded people coming together for a common goal...to Walk It Out! Meet new people, shake the winter blues, keep each other motivated, improve your accountability and health.

**Sprout & Shine: Kickoff to Garden Season [Y][A][S]**

**Thursday, March 5<sup>th</sup> 5:45-7:00pm**

Get your hands dirty and your garden growing! In this hands-on activity, participants will learn how to start seeds indoors in preparation for the upcoming garden season. We'll explore different types of seeds, discuss planting techniques, and create starter trays to take home or add to our community garden. It's a great way to kick off the growing season and nurture something from the very beginning!

**Eat the Rainbow [Y][A][S]**

**Tuesday, March 17<sup>th</sup> 5:45-7:00pm**

Celebrate healthy living with a burst of color and flavor! Participants will learn how to "eat the rainbow" by blending delicious, nutrient-packed fruits and veggies into vibrant smoothies. Everyone can mix and match ingredients to create their own colorful masterpiece, proving that healthy eating can be fun, tasty, and beautiful!

**Sunset Social: Reflections by the Lake [Y][A][S]**

**Thursday, March 19<sup>th</sup> 5:30-7:00pm**

Join us for a family friendly evening of creativity, connection, and reflection by the water. Participants will design their own lanterns with wishes, affirmations, or artwork — then release them onto the lake at sunset, creating a glowing symbol of unity and hope.

**DIY Recycled Arts [Y][A]****Monday, March 30th 5:45-7:00pm**

Turn trash into treasure! Participants will explore creativity and sustainability by using recycled materials like cardboard, bottles, paper, and fabric to make fun and functional art projects.

**Earth Month Through Creativity [Y][A][S]****Every Wednesday in April, 5:45pm-7:00pm**

Each week features hands-on activities that promote sustainability, teamwork, and self-expression. In the first week, participants will create recycled art, such as sculptures, planters, or collages, using everyday materials. The second week will focus on nature-inspired crafts, including leaf prints, pressed flower art, and nature journals to encourage observation and appreciation of the environment. During the third week, youth will participate in an eco-engineering challenge, building small structures or inventions from recycled materials to solve simple environmental problems. The month concludes with upcycled fashion, where participants design wearable art, redesign t-shirts, or create accessories from old materials.

**Tasty Tuesday [Y][A]****Tuesday, April 14th 5:45pm-7:00pm**

Explore the fun of healthy eating through hands-on cooking and nutrition activities! Participants will learn how to prepare simple, delicious, and colorful snacks while discovering the benefits of fruits, vegetables, and balanced meals. Build-your-own healthy snacks, Tasty Tuesday encourages creativity in the kitchen, teamwork, and a lifelong appreciation for nutritious foods.

**Seed Bomb Workshop [Y][A]****Thursday, April 23<sup>rd</sup> 5:45pm-7:00pm**

We are hosting a Seed Bomb Workshop and you're invited. Get your hands dirty for a good cause! In this fun, hands-on activity, participants will learn how to make seed bombs using clay, soil, and wildflower seeds. Once dry, these little "bombs" can be tossed into gardens or open spaces to help beautify the community and support pollinators like bees and butterflies.

**Spring Movie Night Under the Stars [Y][A][S]****Thursday, April 30<sup>th</sup> 5:45pm-7:00pm**

Let's gather at the community center for a relaxing evening of fun and connection with a Spring Movie Night Under the Stars! Participants can bring blankets, lawn chairs, and snacks to enjoy a family-friendly movie outdoors (or indoors if the weather changes). We will enjoy popcorn, music before the film, and a short discussion or trivia game afterward to make it a memorable event for the whole family.

**COMMUNITY MEETINGS**

**Liberty City-Richfield-South over Community Meeting**

**1<sup>st</sup> Monday of each month, 6:00pm-7:00pm**

Glynda Jones-President

912.713.1917

**Summerside Neighborhood Association Meeting**

**3<sup>rd</sup> Monday of each month, 6:30pm-7:30pm**

Phyllis Anderson-President

912.236.6600