

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

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WEBSITE:
<https://www.savannahga.gov/2957/Recreation-and-Leisure-Services>

HOURS of OPERATION

Monday-Friday

9:00am to 3:00pm
Golden Age Program

4:00pm to 8:00pm
Youth and Adult

Hudson Hill Center

Winter Programming: January-April 2025

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

Senior Programming:

SENIORS

DAILY

Chatter Matters / [S]
9:00 am - 10:00 am

Information sharing to remain updated on the happenings in the world and community, while enjoying coffee, tea and breakfast snacks.

Chair Exercise/ [S]

10:30 am - 11:00 am - Every Monday, Wednesday & Thursday

An alternative way to get physically fit and strengthen certain areas of the body. Exercise to your favorite tunes.

Senior's Cafe / [S]

11:30 am - 12:30 pm

Enjoy a healthy meal served in a group setting and connect with peers and other support services.

Rest and Recreation / [S]

10:00 am - 3:00 pm

Free time to unwind, listen to music and participate in your interests. Table games, word searches, crossword puzzles, coloring sheets, crafts, and puzzles provided.

Let's Play Cards / [S]

12:30 pm - 3:00 pm

Spades, Tunk, Phase 10, Pitty Pat, Tens, Rummy and more.

WEEKLY

Chair Dance / [S]

Mondays 11:00 am – 12:00 pm. Beginning Jan. 27th – March 3rd

Listen to upbeat music while moving your arms and legs. Learn new dance routines. **The class is conducted by Kristin of Savannah Cultural Resources.**

Pokeno! / [S]

Tuesdays 12:00 pm - 1:00 pm

Come to out and take the chance to yell ‘‘Center, Corners, Four of a Kind and POKENO!’’ Win raffle prizes at the end of the game.

Crafty Creations – Pattern Making / Hand Sewing / [S]

Tuesdays February 11th, 18th & 25th. 10:30 am – 11:30 am

Looking for an inventive and enjoyable way to spend free time? Check out our crafts for seniors. It encompasses a wide range of activities from painting, knitting, scrapbooking to woodworking. **The class is conducted by community partner Telfair Museum.**

Bingo! / [S]

Fridays 12:00 pm - 1:00 pm

Be the first to call ‘‘Bingo’’ and win a prize! Ten games are played. The blackout game winner wins a special prize.

MONTHLY

Nutritiously New / [S]

Every 1st Thursday 11:00 am - 12:00 pm

Learn about the nutritional value of unique fruits and vegetables from around the world. Be ready to sample unique dishes. **This class is conducted by Aja of Forsyth Farmers Market.**

Taco Tuesdays / [S]

Every 3rd Tuesday 1:30 pm – 2:30 pm

Come out to eat Tacos and sample other Tex – Mex foods! Don’t miss out on this fun gathering.

What’s Your Pressure? / [S]

Every 3rd Thursday 10:00 am - 10:30 am. Blood pressure checks are administered by **Savannah Fire Department Engine #4.**

Lunch & Learn / [S]

Every 3rd Thursday 11:30 am - 12:30 pm

Enjoy a delicious lunch while receiving information on issues like water quality, family wellness and life skills. **This class is conducted by UGA Extension.**

SPECIAL EVENTS

Chili Chili Bang Bang! New Year Chili Challenge / [S]

Friday January 10, 2025

11:00 am - 1:00 pm

Participants compete to make the best chili, and attendees can taste and vote for their favorite dish. The dishes are prepared in advance and kept anonymous as judges taste them. Top contestants will be rewarded first, second and third place prizes.

Touchdown Throwdown! Tailgate Party/ [S],

Friday February 7, 2025

11:00 am - 2:00 pm

Wear your favorite football jersey or colors and visit vendor booths, play games, and win prizes during this very interactive and fun event. Lots of food and drinks!

YOUTH and ADULT PROGRAMMING

After School S.L.A.M [Y]

Monday - Thursday, 4:00 pm-5:00 pm

Science, Logic and Math. An academic club concentrating on areas of study that students may need help with.

Nutritiously New Youth Version [Y]

Every 2nd Monday, 4:30 pm-5:30 pm

Youth get in the kitchen with Aja of Forsyth Park Farmers Market and create delicious and nutritious treats and snacks.

CORE [Y] [A] [S]

Every 2nd Tuesday of the month 1:00 pm – 5:00 pm

Free Covid-19 Vaccines! For people with no insurance or for those whose insurance does not cover the vaccine. Other services include HIV test kits, Flu Shots, blood pressure checks, Medicaid and SNAP assistance. Free Giveaways!

Colorful Expressions Art Group [Y]

Thursdays 4:30 pm-5:30 pm

Youth get creative with various types of arts and crafts projects. **This class is conducted by Rachel of Telfair Museum and Felicia of Hudson Hill.**

SPECIAL EVENTS

For The Love of Black History [Y] [A] [S]

Tuesday February 11, 2025

4:30 pm – 5:30 pm

Participants dress up like your favorite person in history and introduce your person through spoken word, song, dance or any other creative way.

Spring Festival [Y] [A] [S]

Friday April 18, 2025

4:00 pm – 6:00 pm

Take the time to reunite with family / friends and celebrate the end of winter and the start of spring. Egg hunt, games, music, and food.

Hudson Hill Community Meetings

1st Monday of every month

6:00 pm – 8:00 pm