



IF THERE'S A BETTER WAY TO HELP YOU  
MANAGE YOUR CHRONIC CONDITION,  
WE'LL FIND IT

**Complete four of six (4 of 6) Diabetes care path activities to earn discounted medication and testing supplies.**

Please read the following information carefully. You can track your care path activities in your online account.

**The following care path activities are based on nationally recognized guidelines.**

Our records show you are identified with the condition listed below, and you have care path activities to complete to manage your health and earn discounted medications and free testing supplies. If you've been diagnosed with this condition, we're here to help. The care path activities we've listed below were developed by doctors – and brought to you by Quantum Health Nurse Care Coordinators – to help you manage your health. These may be things you're already doing. **If you have any questions, or if you would like us to guide you through this information, give us a call at (866) 360-7926.** Take care!

**DIABETES**

- **Have A1c test at least once yearly**
- **Have your annual lipid screening**
- **Have annual microalbumin or urine protein test**
- **Take a cholesterol-lowering statin medication\***
- **Have an eye exam every two years**
- **Have your annual physical**

Scan to Learn More About Diabetes Care at the City of Savannah



[cityofsavannahhealthplan.com](http://cityofsavannahhealthplan.com)

**(866) 360-7926**  
(Monday-Friday, 8:30 a.m.-10 p.m. ET)

