



# Cloverdale Community Center

## Department Overview

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

### CONTACT

#### Senior Center Supervisor:

Sabrina Hallet

#### Center Supervisor:

Sadie Young

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Savannah, Georgia 31405

### PHONE

912-236-1244

### WEBSITE:

[https://www.savannahga.gov/2957/  
Recreation-and-Leisure-Services](https://www.savannahga.gov/2957/Recreation-and-Leisure-Services)

### HOURS of OPERATION

#### Monday-Friday

9:00am to 3:00pm

Golden Age Program

3:00pm to 7:00pm

Youth and Adult

## Fall Programming: September- December 2023

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

### Senior Programming:

#### SENIORS:

#### DAILY

#### Senior Talk / [S]

9:00am-10:30am

Healthy conversation and information sharing to remain updated on the happenings in the community.

#### Congregate Meals / [S]

11:30am-12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

#### Arts & Crafts / [S]

12:30pm-1:30pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

#### Games, Computer Lab/ [S]

9:00am -- 3:00pm

Card games, table games puzzles and the computer lab are open for individuals to engage in throughout the day at their convenience.

#### WEEKLY

#### Zumba / [S]

Thursdays 10:30am-11:15am

Exciting and engaging Zumba class with instructor Mai Evans. Mai uses fun and familiar songs you can't help but move to

**Second Harvest / [S]**

Thursdays 9:00am-3:00pm

Members receive brown bags filled with fresh produce to be taken home to promote healthy nutritional wellness.

**Bingo! / [S]**

Fridays 10:30pm -- 11:30pm

Members can build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus.

**MONTHLY**

**What's Your Pressure? / [S]**

Every 3<sup>rd</sup> Tuesday 10:00am -- 10:30am

Blood pressure checks completed by Savannah Fire Department to meet members' health needs to remain informed of their individual health.

**Lunch & learn / [S]**

Every 4<sup>th</sup> Monday 11:30am -- 12:30pm

Presented by Nutritionist, Jackie Ogden from Georgia Southern University. Jackie provides useful dietary information during the time lunch is served.

**Birthday Bash / [S]**

Every 1<sup>st</sup> Friday 12:30pm -- 1:30pm

Do you have a birthday this month? We celebrate you and anyone else who has a birthday this month with a special treat.

**Movie & Popcorn / [S]**

Every 4<sup>th</sup> Friday 10:30am -- 12:30pm

Enjoy a movie and popcorn. Each month will feature a different movie genre.

**SPECIAL EVENTS**

**Make a New Year Resolution Box [S]**

Friday, January 6, 2023

10:00am – 11:30am

**Grow and Glow! [S]**

January 9<sup>th</sup> – January 11<sup>th</sup>

10:00am -- 10:30am

A week of preparing individual plant beds and gardening activities led by staff. What will you grow?

## MONTHLY

### **Color Party! [S]**

Friday, January 20<sup>th</sup>, 2023

10:00am – 11:30am

### **Youth and Adult Programming:**

#### **YOUTH AND ADULT**

### **After School Power Hour [Y]**

Tuesday-Thursday, 4:30pm-5:45pm

Cloverdale Community Center will offer a safe environment with structured activities that convene regularly in the hour after school. In Partnership with Butler Elementary 21<sup>st</sup> Century.

### **Monday Madness [Y]**

3<sup>rd</sup> Monday of the Month

5:00pm-6:30pm

On the 3<sup>rd</sup> Monday of each month Cloverdale will partner with a different neighborhood daycare to do fun crafts, play games, and get to know the future of Savannah.

### **Cloverdale Library [Y]**

"Book of the Month" Reading and Craft

September 11<sup>th</sup>, October 9<sup>th</sup>, November 13<sup>th</sup>, and December 11<sup>th</sup>

Creative minds will come together to read and discuss the book of the month along with a creative art activity.

### **Cloverdale Family Fun Games and Craft Nights [Y] [A]**

September 15<sup>th</sup>, October 12<sup>th</sup> and November 17<sup>th</sup>\*

A night of family fun which includes games, painting, and a light snack.

### **Cloverdale Community Meeting [A] [S]**

Second Tuesday of each month 6:00pm-8:00pm

President: Malinda Thornton (912) 484-7509

### **Adult Coloring Club [S] [A]**

Cloverdale Community Center

Mondays 5:30pm-6:30pm

Art therapy provides an alternative method of expression for their feelings and thoughts. Seniors will be guided through creative projects that allow them to express themselves freely.

## SPECIAL EVENTS [Y]

Drive In Movie- September 15<sup>th</sup> 6:30pm

Fall Festival- October 30<sup>th</sup> -4:30pm

Cosmic Bingo (Glow in the Dark Bingo Night)- November 16, 6:00pm

Christmas Craft Party- December 13<sup>th</sup> – 4:30pm