

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

Senior Center Supervisor:

Patricia Gastin

Patricia.gastin@savannahga.gov

Center Supervisor:

Cortelius Echols

cechols@savannahga.gov

81 Coffee Bluff Villa Rd
Savannah, Georgia 31419

PHONE

912-921-2103

WEBSITE:

<https://www.savannahga.gov/2957/Recreation-and-Leisure-Services>

HOURS of OPERATION

Monday-Friday

9:00am to 3:00pm

Golden Age Program

3:00pm to 8:00pm

Youth and Adult

Crusader Center

Fall Programming:

September-December 2023

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

Senior Programming:

SENIORS

DAILY

Coffee & Conversation / [S]

9:00am - 10:00am

Conversation and information sharing to remain updated on the happenings in the community. Coffee is provided and served by the center staff daily.

Drop Into Fitness / [S]

10:00am - 11:15am

Various physical activities to promote physical fitness wellbeing. Activities may include dancing to great music, walking with your buddies, and bicycling to burn a ton of calories.

Word for the Day [S]

11:15am - 11:30am

Individuals share words based on the weather, how they are feeling and any community updates. Staff also share useful information and resources.

Congregate Meals / [S]

11:30am - 12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

Craft Your Way / [S]

1:00pm - 2:00pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

Table Games & Computer Lab / [S]

9:00am - 3:00pm

Card games, table games puzzles and the computer lab are open for individuals to engage in throughout the day at their convenience.

WEEKLY

Bingo [S]

10:00am - 11:15 am Monday and Wednesday

The popular game to get a row of BINGO with prizes available donated by members or community partners. This game encourages individuals to build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus.

Crochet/Sewing Club [S]

Tuesday, Wednesday & Thursday

10:30am - 11:30am

Staff led activity that will teach participants crochet and sewing techniques and produce various textiles.

Chair Yoga / [S]

Wednesday (Biweekly) 10:00am - 10:45am

Manageable movement in chairs to promote physical fitness wellbeing.

Line Dance Craze / [S]

Beginners -Tuesday 1:00pm-3:00pm

Advanced & Intermediate – Thursday & Friday 10:00am-11:15am

Instructor or staff lead energetic steps to some popular line dance songs. Some you may know and some new to you!

Movie Day / [S]

Fridays 12:30pm – 3:00pm

Enjoy a movie and popcorn. Each week will feature a different movie.

MONTHLY

Lunch & learn / [S]

Every 1st Thursday 11:30am -- 12:30pm

A Humana representative provides information for members on Medicare and additional resources.

Affins Hospice [S]

Every 1st Tuesday of the month 9:30am- 10:30am

Someone comes in and performs blood pressure checks and give health awareness tips.

Dedicated Seniors

Every other Thursday of the month 9:30am-11:00am

The organization comes in and gives updated insurance information, and sometimes they give away door prizes, fun activities, and even play game day with the seniors. aa

SPECIAL EVENTS

Halloween Trunk or Treat Community Event [Y] [A]

Tuesday October 31st

6pm-8pm

Crusader trunk or treat having been a big special event for many years it has really brought the community together and have displayed the true definition of community help giving the youth a great experience while providing them with lots & lots of candy and refreshments.

National Clean-up Day [Y] [A]

Thursday September 21st

5pm-6pm

National Cleanup Day aims to raise awareness of the mismanaged waste crisis by mobilizing all spheres of society to participate in cleanup actions. While also teaching the youth the importance of keeping a clean environment and how to be a part of the solution and not pollution.

Community Tree Decoration [Y] [A]

Wednesday December 6th

5pm-6:30pm

Community tree will be the time of the year where it will bring people together regardless of any hard times or pretty much anything that divides us as a society. it will help put smiles on children & adults' faces when they are able to come together as one and bring the Community Christmas tree to life with tons of amazing decoration.

Farmer's Market [S]

Wednesday September 6th 9:00am-2:00pm

Farmers Market will be providing their annual fruits and vegetables pickup to the members of Crusaders Golden Age Program.

Fall Halloween Festival [S]

Friday, October 27, 2023, 10:00am to 2:00pm

This program will be done in collaboration with Windsor Forest Community Center

Lunch and Learn [S]

Wednesday, November 8, 2023, 11:30am

Guest speaker will discuss the signs of mental illness in children.

“What we are thankful for” [S]

Thursday, November 16, 2023, 11:30am to 2:00pm

Thanksgiving Celebration with our Seniors.

Winter Wonderland Ball [S]

Thursday, December 7, 2023, 11:00am to 2:00pm

Senior Services Christmas Celebration

Crusader Christmas Party [S]

Thursday, December 14, 2023

In collaboration with Windsor Forest, the members of Crusader are invited to a Christmas Party located at Cary Hillard’s

YOUTH AND ADULT

After School Power Hour [Y]

Monday- Friday

4:00pm-5:00pm

Crusader Community Centers will offer a safe environment with structured activities that convene regularly in the hour after school.

Kids Café [Y]

Second Harvest

Crusader Community Center

Monday- Friday

4:30pm-5:30pm

Ages 3-18yrs

Kids Cafe is designed to provide children at-risk for hunger with a nutritious evening meal.

Walking with a purpose [Y]

September 8th, 15th 5:30pm-6pm

October 6th 13th 5:30pm- 6pm

November 3rd 10th 5:30pm- 6pm

December 1st 8th 5:30pm-6pm

Ages 6-14yrs -Twice of month on Fridays

Walking with a purpose will help give a better understanding to why it is important to get a certain number of steps in throughout the day
One purpose is an additional 10 minutes of walking per trip increased a person's odds of having a higher health score.

Kids News [Y]

November 8th & 22nd 5pm-6pm

December 6th & 20th 5pm-6pm

Ages 7-14yrs -Every other Wednesday

Kids news will give kids an opportunity to discuss daily current events across the world from education topics, sports, positive social media content, and even daily school related discussion.

Fighting Science [Y]

Monday & Friday 6pm-7pm

September- December

Ages 6-18

This karate class teaches life skills through techniques, and it teaches how to be humble and confident in what you know and learning through repetition.

A Visit from Our Neighborhood Fire Department [Y]

Thursday

September- December

5:00pm-6:00pm

Savannah fire department will visit community center

And will explain to youth participants the importance of fire safety and go over variety of fire drills and show participants the proper equipment that is use for emergency.

All Bout Cheer and Dance [Y]

Monday & Wednesday

September- December

6pm-8pm

Ages 4-13yrs

All about cheer and dance brings an exciting style of cheering and dancing that incorporates Majorette style of choreography for young ladies.

Front Porch Act Program [Y]

Every other Monday

5:00pm-6pm

Ages 6-13yrs

This is an interactive program that is based on improvisation activities and theatre-based exercises for kids and community-based program that engages youth in cooperative play activities improve techniques, and theatrical skills to promote opportunities for self-expression, creative problem solving and conflict resolution.

Chair Exercise for Kids [Y]

Every Friday

November-December

6pm-7pm

Ages 6-14yrs

Chair Exercise for kids are an excellent way to build their strength while improving their flexibility without putting too much strain on their body. Chair exercises also improve kids' mobility by increasing blood flow and lubricating their joints and also Teach's them how to remain in one location while following the proper instructions.

Computer Basic Skills [Y]

Monday's

December 11th

5pm-6pm

Ages 7-14rs

Computer basic skills will provide great keyboard skills essential to succeeding in school and beyond it will also help with learning how to send & receive emails to communicate with teachers, family members, and friends and online research these skills are very important and are much needed among the youth.

ACTIVE ADULT

Ms. Marsha's Advance Line Dancing

Tuesday's

September- December

1:00pm-3:00pm

Advance line dancing are for those who already know how to line dance but are looking to learn a more complicated dance routine. This class is in between a beginner and expert level.

Roseann’s Line Dancing Class [A]

Thursday & Friday
September-December
10:00am-12:00pm

Line dance is choreographed dance in which a group of participants dance along to a repeating sequence of steps while arranged in one or more lines or rows. These lines usually face all in the same direction or less commonly face.

Robin Fitness [A]

Tuesday & Thursday
September-December
6:00pm-7:00pm
Ages 18 and up

Robin Fitness class combines attributes of Pilates, dance, and functional fitness training. Come get a full body workout, that integrate small, isolated movement to fatigue the muscles, large range of motion to elevate the heart rate, and increase upper and lower body mobility

COMMUNITY MEETINGS/HOSTED EVENTS

Crusader Club Meeting (Members Only)

Meets on the 3rd Monday of each month
6:00pm-7:00pm

Coffee Bluff Plantation Neighborhood Meeting

Meet on the 2nd Monday of each Month
6:00pm-7:30pm

Coffee Pointe Neighborhood Association Meeting

Meets once every 2 months
Dates will be provided from Coffee Point Neighborhood Association
6:00pm-8:00pm