



Hudson Hill Center

Fall Programming: September-December 2023

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

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WEBSITE:

[https://www.savannahga.gov/2957/
Recreation-and-Leisure-Services](https://www.savannahga.gov/2957/Recreation-and-Leisure-Services)

HOURS of OPERATION

Monday-Friday

9:00am to 3:00pm

Golden Age Program

3:00pm to 7:00pm

Youth and Adult

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

Senior Programming:

DAILY

Chatter Matters / [S]

9:00 am-10:00 am

Conversation and information sharing to remain updated on the happenings in the community. Coffee is provided and served by the center staff daily.

Drop Into Fitness / [S]

10:00 am-11:30 am

Various physical activities to promote physical fitness wellbeing. Activities may include dancing to great music, chair exercises, walking with your buddies, and bicycling to burn a ton of calories.

Congregate Meals / [S]

11:30 am-12:30 pm

Food for the Soul! Free hot meals served daily for Golden Aged members. Sign up today!

Craft Your Way / [S]

1:00 pm-3:00 pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

Ready Set Play! / [S]

9:00 am-3:00 pm

Enjoy playing board games with friends, staff, and fellow senior members. Refresh your memory playing games like the following: Dominos, Checkers, Chess, Monopoly, Scrabble, Trouble and more

“Internet Café” / [S]

9:00 am – 3:00 am

The computer lab is available to use daily. Keep in touch with friends and family, access important information and stay up to date on current events.

WEEKLY

Spades Card Game / [S]

Thursdays 12:00 pm – 3:00 pm

Come out with your partner or pick one up at the center and play this very popular trick-taking game! Don't get set!

Bingo Zone / [S]

Fridays 12:00 pm – 1:00 pm

Spend time interacting with like-minded people in a friendly environment. Take a chance to win the **Surprise Blackout** prize every Friday!

Technology Shared / [S]

Wednesdays 12:00 pm – 1:00 pm

Seniors will have the opportunity to learn all things Technology with Michael Schwartz of Technology Shared Inc.

Food Distribution / [S]

Wednesdays 11:00 am – 11:30 am

Seniors, please stop by and pick up healthy and nutritious food provided by the food bank.

Jigsaw Puzzle Competition / [S]

Mondays 11:00 am – 12:00 am

Work on your patience and concentration. Improve mental speed and short-term memory while participating in this friendly competition.

MONTHLY

What's Your Pressure? / [S]

Every 3rd Wednesday 11:00 am – 11:30 am

Get your blood pressure checked and the staff will maintain your monthly blood pressure record. Also, stay around for important health sessions lead by Melissa Singleton of Affinis Hospice.

Lunch & Learn / [S]

Every 4th Thursday 11:30 am -- 12:30 pm

Presented by Family and Consumer Science Agent Jackie Ogden of University of Georgia Extension. Monthly topics will include:

September – “Cooking for a Lifetime” Cancer Prevention

October - “Are you at Risk?” Diabetes Awareness

Taco Tuesdays! [S]

Every 4th Tuesday 11:30 am

Where are my Taco Lovers At?! In the mood for fun? Come out and enjoy the best taco bar in Hudson Hill while listening to the sounds of Mexico!

Movie & Popcorn / [S]

1st Tuesdays of the month 11:00 am -- 3:00 pm

Enjoy a movie and popcorn. Each month will feature a different movie genre.

Life Skills for Empowerment Inc. [S]

3rd Tuesdays of the month 10:30 am – 11:30 am

This discussion group focuses on topics like the following: good nutrition, physical activity, social engagement, mental stimulation, meaningful activities, and relationships.

SPECIAL EVENTS

Labor Day Hot Dog Roast [S]

Friday September 1, 2023, 11:00 am – 1:00 pm

Take some time off to relax and enjoy the end of summer! Hot dogs, games, giveaways, and fun will be waiting for you!

“Let's Give Thanks!” Potluck Brunch [S]

Friday, November 17, 2023, 10:30 am – 12:00 pm

Bring your favorite breakfast dish, and fellowship with others. Also, take a chance at winning the Thanksgiving Trivia Fun Facts game.

Christmas Tree Decorating Party [S]

Wednesday December 6, 2023, 12:00 pm – 3:00 pm

Come out and help decorate the Christmas tree. Wear your favorite holiday sweater and bring all the cheer, while listening to the sounds of Christmas. Raffles will be given away throughout the event.

All Senior Center's Winter White Ball / [S]

Thursday, December 7, 2023, 11:30pm – 2:30pm

Savannah Civic Center

HUDSON HILL SPECIAL EVENTS

Line Dancing

Coming in September 2023, 6:00 pm-7:30 pm

Get your dance on! Learn Cupid Shuffle, Wobble, Electric Slide and more!

National Night Out

Tuesday October 3, 2023, 8:00 pm

Heighten crime, and drug prevention on this night with law enforcement, community leaders and you!

Fall Festival

Tuesday October 31, 2023, 5:00 pm-7:00 pm

Join Holmes, Green and the Hudson Hill community and participate in Trunk or Treat, games, face painting and free food.

Me, Myself and Art

Thursday November 16, 2023

Come out and express your unique self through art!

Holiday Painting with a Twist

December 15, 2023, 5:00 pm – 7:00 pm

Paint your favorite Christmas Ornaments while listening to the sounds of Christmas. Refreshments will be provided by Holmes and Green.

YOUTH AND ADULT PROGRAMMING

After School Power Hour [Y]

Monday-Thursday, 4:00 pm-5:00 pm

Hudson Hill Center will offer a safe environment with structured activities that convene regularly in the hour after school.

Jumpin Jack and Jills [Y]

Tuesdays & Thursdays 5:30 pm – 6:30 pm

Youth will practice basic fitness techniques through dance, games, and other activities.

Walking Wednesdays/ [A][Y]

Wednesdays 6:00 pm

An Opportunity for everyone to enjoy the outside and meet people in the community while getting fit. Choose your pace fast or slow.

Youth Intercept / [Y]

Mondays and Wednesday

Youth discuss everyday challenges, and share ways to handle situations that will be beneficial to them. Refreshments will be provided.

Career Readiness and Talent Management / [Y]

5:00pm-6:30pm TBA

The coffee foundation a leadership and mentoring program for youth that will provide continuous support for youth nearing late adolescence with post-secondary educational options.

U bead 2 / [Y][A]

Career Readiness and Talent management.

5:00pm-6:30pm TBA

A bread and jewelry craft for adults and children to enjoy making, keychains, earrings etc. November 15th 5:00pm-6:00pm

COMMUNITY MEETINGS/HOSTED EVENTS

Every 1st Monday, 6:00 pm – 8:00 pm

September 11, 2023

October 2, 2023

November 6, 2023

December 4, 2023

Hudson Hill Community Center will be closed in observance of the following holidays:

September 4th - Labor Day

November 10th - Veterans Day

November 23rd & 24th - Thanksgiving

December 22nd & December 25th - Christmas