

## Department Overview

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

### CONTACT

#### Recreation Services Leader:

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#### Center Supervisor:

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### PHONE

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### WEBSITE:

[https://www.savannahga.gov/2957/  
Recreation-and-Leisure-Services](https://www.savannahga.gov/2957/Recreation-and-Leisure-Services)

### HOURS of OPERATION

#### Monday-Friday

9:00am to 3:00pm

Golden Age Center Program

3:00pm to 7:00pm

Youth and Adult

# Woodville Center

## Fall Programming: September-December 2023

PROGRAM CODES [A] Adult [S] SENIOR [Y] YOUTH

### Senior Programming:

#### SENIORS:

#### DAILY

#### Senior Talk / [S]

9:00am - 10:00am

Conversation and information sharing to remain updated on the happenings in the community. Coffee is provided and served by the center staff daily.

#### Drop Into Fitness / [S]

10:00am - 11:15am

Various physical activities to promote physical fitness wellbeing. Activities may include dancing to great music, chair exercises, walking with your buddies, and bicycling to burn a ton of calories.

#### Congregate Meals / [S]

11:30am - 12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

#### Craft Your Way / [S]

1:00pm - 2:00pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

#### Table Games & Computer Lab / [S]

9:00am - 3:00pm

Card games, table games puzzles and the computer lab are open for individuals to engage in throughout the day at their convenience.

## WEEKLY

### **Classic Movie Monday / [S]**

1:00pm -- 3:00pm

Enjoy a movie and popcorn. Each month will feature a different movie genre.

### **Tech Prep Class / [S]**

Tuesdays 10:00am – 11:00am

Staff led class that teaches participants basic smart phone and computer skills.

### **Bingo! / [S]**

Wednesdays 10:30pm -- 11:30pm

The popular game to get a row of BINGO with prizes available donated by members or community partners. This game encourages individuals to build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus.

### **Read It Out**

Fridays 12:30pm – 1:30pm

Members read and discuss information and resources to promote wellness.

## MONTHLY

### **What's Your Pressure? / [S]**

Every 2nd Tuesday 10:00am -- 10:30am

Blood pressure checks completed by Savannah Fire Department to meet members' health needs to remain informed of their individual health.

### **Lunch & Learn [S]**

Every 3<sup>rd</sup> Thursday 11:30am -- 12:30pm

Presented by Nutritionist, Jackie Ogden from Georgia Southern University. Jackie provides useful dietary information during the time lunch is served.

### **Birthday Bash / [S]**

Every 1<sup>st</sup> Friday 12:30pm -- 1:30pm

Do you have a birthday this month? We celebrate you and anyone else who has a birthday this month with a special treat.

## SPECIAL EVENTS

### **Cooking Matters / [S]**

Tuesday, September 1st & 26<sup>th</sup>, 2023, 10:15am – 11:30am

### **Breast Cancer Awareness / [S]**

Tuesday, October 10, 2023, 12:45pm – 3:00pm

### **Happy Day Celebration / [S]**

Friday, October 27, 2023, 10:30am – 1:00pm

### **National Nacho Day / [S]**

Monday, November 6, 2023, 11:00am – 1:00pm

### **Thanksgiving Celebration / [S]**

Thursday, November 17, 2023, 11am – 1:00pm

### **Senior Services Department Winter Wonderland White Ball Formal Attire / [S]**

Thursday, December 7, 2023, 11:30am – 2:30pm

### **Christmas Party [S]**

Wednesday, December 20, 2023, 11:30am – 1:00pm

### **Youth and Adult Programming:**

## **YOUTH AND ADULT**

### **After School Power Hour [Y]**

Monday-Friday, September - December

3:00pm-4:00pm

Woodville Community Center will offer a safe environment with structured activities that convene regularly in the hour after school.

### **Kids Café [Y]**

Second Harvest

Woodville Community Center

Monday-Friday,

4:00pm-5:00pm

Ages 3-18yrs

Kids Cafe is designed to provide children at-risk for hunger with a nutritious evening meal.

**Computer Classes [Y] [A]**

Every Thursday in October  
5:00pm -6:00pm

**Thanksgiving Wreaths [Y] [A]**

November 6<sup>th</sup>, 13<sup>th</sup>, and 20<sup>th</sup>  
5:00pm-6:00pm

Participants will be able to show their creativity and artistry.

**Woodville Exercise Warriors [A] September - December**

Mondays and Thursdays of every week 3:30 pm – 4:00 pm

The exercise class will consist of a 30-minute period which will help participants with their cardiovascular health and lower body function.

**Tie Knot Blankets [Y] [A]**

Tuesdays October 10<sup>th</sup>, 17<sup>th</sup> & 24<sup>th</sup>  
5:00pm-6:00pm

Tie Knot Blankets is a fun easy way to make a fleece blanket for keepsake. A no-sew fleece blanket is an easy way to create a quick blanket by laying two layers of fleece fabric together and cutting strips around the sides of the fabric.

**SPECIAL EVENTS**

**Family Activity-** designing your T-shirt Mondays September 9/11, 9/18 & 09/25

5:00 pm – 6:00 pm

**Family Night Out** – October 3<sup>rd</sup>, 6:00 pm-8:00 pm. An evening of fun, games, food, and getting to know your neighbors.

**Halloween Party** – Date & time will be given later.

**Winter Wonderland Event-** Date & time will be given later

**Family Bingo** – Every third Thursday of the Month

5:00-6:30 pm

Fun evening of Bingo to exercise your brain and social interaction and win a PRIZE! Refreshments will be served.

**Christmas Party- [Y] [A]**

December 21,

5:00 pm -7:00 pm

Dancing, singing, and dinner will be served

**Woodville Community Meetings**

Every 2<sup>nd</sup> Wednesday, 6:00pm – 7:00pm

Community meetings is designed to bring the community together to plan, meet, and act.

**Woodville Tompkins Alumni Meetings**

Every 3<sup>rd</sup> Wednesday, 6:00pm – 7:00pm

Alumni meetings is designed to continue to network and foster a connection with the alma mater.

**DATES CENTER WILL BE CLOSED**

September 4th observing Labor Day

November 10<sup>th</sup> observing Veteran’s Day

November 23<sup>rd</sup> & 24<sup>th</sup> Thanksgiving

December 22<sup>nd</sup> & December 25, Christmas