



Department Overview

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

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WEBSITE:
https://www.savannahga.gov/2957/
Recreation-and-Leisure-Services

HOURS of OPERATION

Monday-Friday

9:00am to 3:00pm
Golden Age Program

4:00pm to 8:00pm
Youth and Adult

June 2023

Liberty City Center

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

Senior Programming:

SENIORS

DAILY

Coffee & Conversation / [S]

9:00am-10:00am

Conversation and information sharing to remain updated on the happenings in the community. Coffee is provided and served by center staff daily.

Drop Into Fitness / [S]

10:00am-11:30am

Various physical activities to promote physical fitness wellbeing. Activities may include dancing to great music, chair exercises, walking with your buddies, and bicycling to burn a ton of calories.

Congregate Meals / [S]

11:30am-12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

Craft Your Way / [S]

1:00pm-3:00pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

Table Games & Computer Lab / [S]

9:00am-3:00pm

## WEEKLY

### **Pokeno! / [S]**

**Tuesdays 10:30am -- 11:30am**

Are you someone who likes to play cards? Try your hand at Pokeno.

### **What's the News! / [S]**

**Tuesdays 12:30am – 1:00pm**

Announcements of current events and sharing updates to keep members informed.

### **Bingo! / [S]**

**Thursday 10:00pm -- 11:15pm**

The popular game to get a row of BINGO with prizes available  
Donated by members of community partners. This game encourages individuals to build social connections, increase hand-eye coordination, and maintain your cognitive ability and focus

## MONTHLY

### **What's Your Pressure? / [S]**

**Every 1<sup>st</sup> Tuesday 10:00am -- 10:30am**

Blood pressure checks completed by Savannah Fire Department to meet members health needs to remain informed of their individual health.

### **Lunch & learn / [S]**

**Every 3<sup>rd</sup> Thursday 11:30am -- 12:30pm**

Presented by Nutritionist, Jackie Ogden from Georgia Southern University. Jackie provides useful dietary information during the time lunch is served.

### **Birthday Bash / [S]**

**4<sup>th</sup> Friday 12:30pm -- 1:30pm**

Do you have a birthday this month? We celebrate you and anyone else who has a birthday this month with a special treat.

**Every 3<sup>rd</sup> Friday 1:00pm -- 3:00pm**

Enjoy Karaoke and fun.

## SPECIAL EVENT

### **Magic Medicare Bingo / [S]**

**Thursday, June 8, 2023, 10:00am – 11:30am**

The popular game to get a row of BINGO with prizes donated by computer partners.

**Oldies-But Goodies / [S]**

**Friday, June ,9 2023 Oldies but Goodies -- 1:00pm-3:00pm**

**Ice Cream Social / [S]**

**Friday, June16, 2023, 1:00pm -- 3:00pm**

**Affinis Hospice / [S]**

**Friday, June 23, 2023, 10:00am – 11:30pm**

Health care talk to seniors

**Birthday Celebration / [S]**

**Friday, June 30, 2023, 1:00pm -- 3:00pm**

**Youth and Adult Programming:**

**YOUTH AND ADULT**

**Summer Camp**

**8:00am-5:00pm**

**Community Meetings**

**Liberty City Richfield Southover Community Meeting**

**1st Monday of each month, 6:00pm-8:00pm**

Ulysses Bryant-President

912-677-9036

**Summerside Neighborhood Association Meeting**

**2<sup>nd</sup> Monday of each month, 6:30pm-7:30pm**

Phyllis Anderson-President

912-236-6600