



Department Overview

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

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<https://www.savannahga.gov/2957/Recreation-and-Leisure-Services>

HOURS of OPERATION

Monday-Friday

9:00am to 3:00pm

Golden Age Program

3:00pm to 8:00pm

Youth and Adult

June 2023

Crusader Center

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

Senior Programming:

SENIORS

DAILY

Coffee & Conversation / [S]

9:00am - 10:00am

Conversation and information sharing to remain updated on the happenings in the community. Coffee is provided and served by center staff daily.

Drop Into Fitness / [S]

10:00am –11:15am

Various physical activities to promote physical fitness wellbeing. Activities may include dancing to great music, walking with your buddies, and bicycling to burn a ton of calories.

Word for the Day [S]

11:15am – 11:30am

Individuals share words based on the weather, how they are feeling and any community updates. Staff also share useful information and resources.

Congregate Meals / [S]

11:30am - 12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

Craft Your Way / [S]

1:00pm - 2:00pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

Table Games & Computer Lab / [S]

9:00am - 3:00pm

Card games, table games puzzles and the computer lab are open for individuals to engage in throughout the day at their convenience.

WEEKLY

Bingo [S]

10:00am - 11:15 am Monday and Wednesday

The popular game to get a row of BINGO with prizes available donated by members or community partners. This game encourages individuals to build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus.

Crochet/Sewing Club [S]

Tuesday, Wednesday & Thursday

10:30am - 11:30am

Staff led activity that will teach participants crochet and sewing techniques and produce various textiles.

Chair Yoga / [S]

Wednesday (Biweekly) 10:00am - 10:45am

Manageable movement in chairs to promote physical fitness wellbeing.

Line Dance Craze / [S]

Beginners -Tuesday 1:00pm-3:00pm

Advanced & Intermediate – Thursday & Friday 10:00am-11:15am

Instructor or staff lead energetic steps to some popular line dance songs. Some you may know and some new to you!

Movie Day / [S]

Fridays 12:30pm - 3pm

Enjoy a movie and popcorn. Each week will feature a different movie.

MONTHLY

Lunch & learn / [S]

Every 1st Thursday 11:30am -- 12:30pm

A Humana representative provides information for members on Medicare and additional resources.

Special Events

June 16, 2023 / [S]

Juneteenth celebration picnic in the Daffin park.

June 21, 2023 [S]

9:00am-2:00pm

World Music Day is celebrated worldwide to honor the spirit of music and rejoice in it.

June 27, 2023 [S]

10:00am-2 :00pm

Celebrating National PTSD Awareness Day recognizes the effects post-traumatic stress has on the lives of those impacted by it.

YOUTH AND ADULT

After School Power Hour [Y]

Monday-Friday, starting January 9th

4:00pm-5:00pm

Crusader Community Centers will offer a safe environment with structured activities that convene regularly in the hour afterschool.

Kids Café

Second Harvest

Crusader Community Center, [Y]

Monday-Friday, starting January 9th

4:30pm-5:30pm

Ages 3-18yrs

Kids Cafe is designed to provide children at-risk for hunger a nutritious evening meal.

Walking Thursdays [Y]

January 12th, 19th, and 26th

5:30pm-6:00pm

Ages 6-14yrs

Walking Thursday will consist of a 30-minute walk around the outdoor field area which will help participants with their cardiovascular health and lower body function.

Brains On, Youth Podcast [Y]

January 13th, 20th, and 27th

5:30pm-6:30pm

Ages 7-14yrs

Kids Podcast will give kids an opportunity to express their thoughts and create their own topics while given the opportunity to interview other participants.

Youth Yoga Class [Y]

January 18th and 25th

5:30pm-6:30pm

Ages 6-11yrs

Youth Yoga will help improve self-esteem, self-awareness, concentration, and relaxation. Enrolling in this class will help you with promoting a healthy lifestyle while increasing muscular strength, endurance, and flexibility.

Fighting Science

Monday May 1st, 8th 15th 22nd and 29th

Friday May 12th 19th 26th

6pm-7pm

This karate class teaches life skills through techniques, and it teaches how to be humble and confident in what you know and learning through repetition.

All Bout Cheer and Dance [Y]

Monday April 3rd 11th 18th and 25th

Wednesday April 5th 12th 19th 26th

6pm-8pm

All about cheer and dance brings an exciting style of cheering and dancing that incorporates Majorette style of choreography for young ladies.

Front Porch Act Program [Y]

Every other Monday, May 8th and 22nd

5:00pm-6pm

Ages 6-13yrs

This is an interactive program that is based on improvisation activities and theatre-based exercises for kids and community-based program that engages youth in cooperative play activities improve techniques, and theatrical skits to promote opportunities for self-expression, creative problem solving and conflict resolution.

Sidewalk Art Extravaganza [Y] [A]

Thursday May 18th

5pm- 6pm

Drawing with sidewalk chalk is a great activity to engage people of all ages while making your community sidewalk look really graphical with different creative designs, we will provide each participant adults & kids with rainbow colors to display their talents drawing a picture that is related to a fun theme.

Kids Pottery Painting [Y]

Thursday May 18th

5:30pm-6:30pm

Pottery Painting is a creative outlet that will allow kids to create a functional piece of art. Using pottery painting tools will help enhance their pottery piece which can be used as home decoration.

YARN-in Around [Y]
Tuesday, January 10th and 24th
5:30pm -6:15pm

Looking for fun yarn crafts and activities. Come join us in YARN-in-Around. Kids will focus on the material and the manual labor required to produce great artwork.

Active Adult

Crocheting with Helen Morrell [A]
January 10th, 17th, 24th, and 31st
5:00pm-6:00pm

Learn to crochet or improve your crochet skills. Crochet is a process of creating textiles by using a crochet hook to interlock loops of yarn, thread, or strands of other materials.

Yarn and a crochet hook will be provided but you may bring your own if you prefer.

Open to adults and teens age 15 and up.

Ms. Marsha's Advance Line Dancing [A]
January 9th, 16th, 23rd, 30th
1:00pm-3:00pm

Advance line dancing are for those who already know how to line dance but are looking to learn a more complicated dance routine. This class is in between a beginner and expert level.

Roseann's Line Dancing Class [A]
Thursday, January 12th 19th, and 26th
Friday, January 13th, 20th, and 27th
10:00am-12:00pm

Line dance is choreographed dance in which a group of participants dance along to a repeating sequence of steps while arranged in one or more lines or rows. These lines usually face all in the same direction or less commonly face.

Robin Fitness [A]
Tuesday, January 10th, 17th, 24th, and 31st
Thursday, January 12th, 19th, and 26th
6:00pm-7:00pm
Ages 18 and up

Robin Fitness class combines attributes of Pilates, dance, and functional fitness training. Come get a full body workout, that

integrate small, isolated movement to fatigue the muscles, large range of motion to elevate the heart rate, and increase upper and lower body mobility

Community Meetings/Hosted Events

Crusader Club Meeting (Members Only)

Meets on the 3rd Monday of each month

6:00pm-7:00pm

Coffee Bluff Plantation Neighborhood Meeting

Meet on the 2nd Monday of each Month

6:00pm-7:30pm

Coffee Pointe Neighborhood Association Meeting

Meets once every 2 months

Dates will be provided from Coffee Point Neighborhood Association

6:00pm-8:00pm