



Department Overview

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

Center Supervisor:
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https://www.savannahga.gov/2957/
Recreation-and-Leisure-Services

HOURS of OPERATION

Monday-Friday
11:00am to 8:00pm
Youth and Adult

Saturday
12:00pm to 4:00pm
Youth and Adult

May 2023

Eastside Center

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

Youth and Adult Programming

YOUTH AND ADULT

After School Power Hour [Y]
Eastside Regional Center
Monday-Thursday, 4:00pm-5:00pm

The After School Power Hour program will offer structured academic support, art exploration, enrichment, and recreation.

Ready to Grow Mentoring [Y]
Eastside Regional Center
1st & 4th Tuesday, 5:30 – 6:30 p.m.

This program is designed to provide its participants with additional support in the academic, social, and behavioral domains.

Crafty Kid's Corner [Y]
Eastside Regional Center
Thursdays, 5:00pm – 6:00pm

Partnering with Shuman Elementary's 21st Century program, this program is designed to provide kids with a relaxed environment to freely express themselves as they explore various forms of arts and craft.

B8..I22..N44..G49..O75..BINGO!!! We Have a Winner [Y]
Eastside Regional Center
Thursdays, 5:00pm – 6:00pm

Disguised as fun, this program is designed to stimulate the participant's visual, and auditory senses while also increasing hand and eye coordination.

### **Youth Track and Field [Y]**

**Eastside Regional Center**

**Wednesday-Thursdays, 5:30pm – 6:30pm**

This program allows the participants to develop their competitive spirit and physical fitness. It includes a variety of running, jumping and throwing events that can be tailored to several different age groups and skill levels.

### **Yoga [Y]**

**Eastside Regional Center**

**Mondays, 5:30 pm – 6:30pm**

This class is designed to teach participants Yoga techniques, poses, relieve stress, and tone the body.

### **Front Porch ACTS [Y]**

**Eastside Regional Center**

**Tuesday, 5:30pm – 6:30pm**

This interactive program is based on improvisation activities and theatre-based exercise for kids.

## **Adults**

### **Computer Basics [A]**

**Eastside Regional Center**

**Mondays, 12:30-1:30 pm**

Does the idea of using a computer scare you? Well, fret no longer. Join us as we explore and learn the components of a personal computer.

### **Flag on the Play!**

**Eastside Regional Center**

**Saturday, May 20, 2023 , 12:30 p.m.**

Come out to watch as we take on members of the Savannah Fire Department in a competitive game of flag football.