



January 2023

Woodville Center

Department Overview

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

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<https://www.savannahga.gov/2957/Recreation-and-Leisure-Services>

HOURS of OPERATION

Monday-Friday

9:00am to 3:00pm
Golden Age Program

3:00pm to 7:00pm
Youth and Adult

PROGRAM CODES [A] Adult [S] SENIOR [Y] YOUTH

Senior Programming:

SENIORS:

DAILY

Senior Talk / [S]
9:00am - 10:00am

Conversation and information sharing to remain updated on the happenings in the community. Coffee is provided and served by center staff daily.

Drop Into Fitness / [S]
10:00am - 11:15am

Various physical activities to promote physical fitness wellbeing. Activities may include dancing to great music, chair exercises, walking with your buddies, and bicycling to burn a ton of calories.

Congregate Meals / [S]
11:30am - 12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

Craft Your Way / [S]
1:00pm - 2:00pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

Table Games & Computer Lab / [S]
9:00am - 3:00pm

Card games, table games puzzles and the computer lab are open for individuals to engage in throughout the day at their convenience.

WEEKLY

Classic Movie Monday / [S]

1:00pm -- 3:00pm

Enjoy a movie and popcorn. Each month will feature a different movie genre.

Tech Prep Class / [S]

Tuesdays 10:00am – 11:00am

Staff led class that teaches participants basic smart phone and computer skills.

Bingo! / [S]

Wednesdays 10:30pm -- 11:30pm

The popular game to get a row of BINGO with prizes available donated by members or community partners. This game encourages individuals to build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus.

Read It Out

Fridays 12:30pm – 1:30pm

Members read and discuss information and resources to promote wellness.

MONTHLY

What's Your Pressure? / [S]

Every 2nd Tuesday 10:00am -- 10:30am

Blood pressure checks completed by Savannah Fire Department to meet members health needs to remain informed of their individual health.

Lunch & Learn [S]

Every 3rd Thursday 11:30am -- 12:30pm

Presented by Nutritionist, Jackie Ogden from Georgia Southern University. Jackie provides useful dietary information during the time lunch is served.

Birthday Bash / [S]

Every 1st Friday 12:30pm -- 1:30pm

Do you have a birthday this month? We celebrate you and anyone else who has a birthday this month with a special treat.

Youth and Adult Programming:

YOUTH AND ADULT

After School Power Hour [Y]

Monday-Friday, starting January 9th

4:00pm-5:00pm

Woodville Community Center will offer a safe environment with structured activities that convene regularly in the hour afterschool.

Kids Café [Y]

Second Harvest

Woodville Community Center

Monday-Friday, starting January 9th

5:00pm-6:00pm

Ages 3-18yrs

Kids Cafe is designed to provide children at-risk for hunger a nutritious evening meal.

Scrapbooking Club [Y] [A]

January 9th, 16th, 23rd, and 30th

5:30pm-6:30pm

Scrapbooking is a fun creative way to document memories, keep souvenirs, and channel your inner artistry. Participants will learn the method of preserving, presenting, and arranging personal and family history in the form of a book, box, or card.

Walking Woodville Warriors [A]

January 10th, 17th, 24th, and 31st

3:30pm – 4:00pm

Walking Woodville Warriors will consist of a 30-minute walk around the outdoor field area which will help participants with their cardiovascular health and lower body function.

Tie Knot Blankets [Y] [A]

January 10th, 17th, 24th, and 31st

5:30pm-6:30pm

Tie Knot Blankets is a fun easy way to make a fleece blanket for keepsake. A no-sew fleece blanket is an easy way to create a quick blanket by laying two layers of fleece fabric together and cutting strips around the sides of the fabric.

Family Bingo [Y] [A] [S]

January 19th, 2023

5:30pm-6:30pm

Fun night of BINGO to exercise your brain and social interactions and win a PRIZE! Light refreshments will be served.

Community Meetings/Hosted Events

Woodville Community Meetings

Every 2nd Wednesday, 6:00pm – 7:00pm

Community meetings is designed to bring the community together to plan, meet, and act.

Woodville Tompkins Alumni Meetings

Every 3rd Wednesday, 6:00pm – 7:00pm

Alumni meetings is designed to continue to network and foster a connection with the alma mater.