



Department Overview

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

Senior Center Supervisor:

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Center Supervisor:

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PHONE

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WEBSITE:

https://www.savannahga.gov/2957/Recreation-and-Leisure-Services

HOURS of OPERATION

Monday-Friday

9:00am to 3:00pm
Golden Age Program

3:00pm to 7:00pm
Youth and Adult

January 2023

Cloverdale
Community Center

PROGRAM CODES [A] ADULT [S] SENIOR [Y] YOUTH

Senior Programming:

SENIORS:

DAILY

Senior Talk / [S]
9:00am-10:30am

Healthy conversation and information sharing to remain updated on the happenings in the community.

Congregate Meals / [S]
11:30am-12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

Arts & Crafts / [S]
12:30pm-1:30pm

Individual paced and sometimes staff led time to let your creativity flow through coloring, painting, textiles, or any other art forms.

Games, Computer Lab/ [S]
9:00am -- 3:00pm

Card games, table games puzzles and the computer lab are open for individuals to engage in throughout the day at their convenience.

WEEKLY

Zumba / [S]
Thursdays 10:30am-11:15am

Exciting and engaging Zumba class with instructor Mai Evans. Mai uses fun and familiar songs you can't help but move to

Bible Class / [S]

Tuesdays 10:30am – 11:30am

Participants engage in discussions centered around religion, scriptures, and daily practices.

Second Harvest / [S]

Thursdays 9:00am-3:00pm

Members receive brown bags filled with fresh produce to be taken home to promote healthy nutritional wellness.

Bingo! / [S]

Fridays 10:30pm -- 11:30pm

Members can build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus.

MONTHLY

What's Your Pressure? / [S]

Every 3rd Tuesday 10:00am -- 10:30am

Blood pressure checks completed by Savannah Fire Department to meet members health needs to remain informed of their individual health.

Lunch & learn / [S]

Every 4th Monday 11:30am -- 12:30pm

Presented by Nutritionist, Jackie Ogden from Georgia Southern University. Jackie provides useful dietary information during the time lunch is served.

Birthday Bash / [S]

Every 1st Friday 12:30pm -- 1:30pm

Do you have a birthday this month? We celebrate you and anyone else who has a birthday this month with a special treat.

Movie & Popcorn / [S]

Every 4th Friday 10:30am -- 12:30pm

Enjoy a movie and popcorn. Each month will feature a different movie genre.

SPECIAL EVENTS

Make a New Year Resolution Box

Friday, January 6, 2023

10:00am – 11:30am

Grow and Glow!

January 9th – January 11th

10:00am -- 10:30am

A week of preparing individual plant beds and gardening activities led by staff. What will you grow?

Color Party!

Friday, January 20th, 2023

10:00am – 11:30am

Youth and Adult Programming:

YOUTH AND ADULT

After School Power Hour [Y]

Monday-Thursday, 4:00pm-5:00pm

Cloverdale Community Center will offer a safe environment with structured activities that convene regularly in the hour afterschool.

STEAM with Frank Callen Boys and Girls Club [Y] [A]

A fun approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics. Please contact the Frank Callen Boys and Girls Club signup for this fun collaboration.

(912) 233-2939

Cloverdale Library [Y]

January 9th

Creative minds will come together to read and discuss the book of the month along with a creative art activity.

Cloverdale Family Fun Night [Y] [A]

January 13th and 27th

A night of family fun which includes games, painting, and a light snack.

Cloverdale Community Meeting [A] [S]

Second Tuesday of each month 6:00pm-8:00pm

President: Malinda Thornton (912) 484-7509

Active Adults

Art Therapy & Exercise [S] [A]

Cloverdale Community Center

Monday-Friday, 9:00am – 10:00am

Art therapy provides an alternative method of expression for their feelings and thoughts. Seniors will be guided through creative projects that allow them to express themselves freely.

